

## SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA

**Organised by:** CDE MARTIAL ARTS KAMAE DO - CDE KANKUKAN DOJO  
KYOKUSHIN-KAN MADRID

**Collaborators and sponsors:** Kyokushin-Kan Spain and Majadahonda  
Town Council.

**DATE:** Saturday, 21 February 2026

**VENUE:** Principe Felipe Sports Centre.

**ADDRESS:** Avenida de Guadarrama 7, 28220 Majadahonda, Madrid.

**ENTRANCE TO THE SPORTS CENTRE:** FREE

### **SCHEDULE:**

- 08:15 Arrival of competitors.
- 09:00 Referees' meeting (Kyokushin-kan).
- 09:15 Start of the KATA competition for ages 8 to 13. Trophies will be awarded as each category is completed.
- 10:20 Meeting of referees and coaches from participating dojos.
- 10:35 Start of the KUMITE competition for ages 5 to 13. Medals (ages 5-9 + gift) and trophies (ages 10-13) will be awarded as each category is completed.
- 13:00 Meeting of referees (Kyokushin-kan).
- 13:15 Start of the KATA and BO JUTSU competition for ages 14 and above. Trophies will be awarded as each category is completed.
- 14:45 Meeting of Referees and Coaches from participating Dojos.
- 3:00 p.m. Start of the KUMITE competition for ages 14 and up. Trophies will be awarded as each category is completed.

### **IMPORTANT SCHEDULE**

These are approximate times and may be shortened or extended depending on how the event is organised and the number of competitors.

### **WEIGH-IN:**

- Friday, from 6:30 p.m. to 9:00 p.m. at "Kamae Do", located at C/ Granadilla, 24, Local 2, 28220 Majadahonda, Madrid (**Weigh-in will only be carried out for those aged 14 and over**).
- Saturday from 9:30 a.m. to 12:00 p.m. at the Principe Felipe Sports Centre.

### **IMPORTANT WEIGHTS**

To streamline organisation and allow greater flexibility for competitors from outside the Community of Madrid, children under 14 years of age will not be weighed for the elimination categories. However, there will be a scale available in the competition area to check weights in case of doubt. The weights given at the time of registration must be respected.

## SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA

### REGISTRATION:

- Fees:
  - 5 to 13 years old €20 for the first registration, €30 for two registrations (Kumite + Kata).
  - 14+ years old : €36 for the first registration, €54 for two registrations (e.g. Kumite + Kata), €63 for three registrations (Kumite + Kata + Kata Bo).
- Registrations must be sent in the official format attached to this circular to the email address indicated below. Registrations received after the deadline will not be accepted.
- Payment for registrations must be made at the time of registration by bank transfer to the following account number: IBAN ES60 2100 6240 3102 0012 8427, Beneficiary: CD ARTES MARCIALES KAMAE DO.
- Competitors will not be considered registered until payment has been made. Please send proof of payment with your registration.
- **Last day of registration (deadline): 21 January 2026.**

### REFEREE:

- Referees interested in participating in the championship must be registered in advance along with the competitors' registrations.
- **KUMITE:** Referees shall wear the official uniform of their respective organisations.
- **KATA AND BO JUTSU:** Referees shall wear the official uniform of KYOKUSHIN-KAN.

### GENERAL RULES:

- The Kyokushin-kan competition rules (available on the KAMAE DO website) shall apply. Except for the modifications mentioned in this circular.
- The correct greeting (REI) must be performed when entering the competition area (TATAMI), when greeting the referees (SHINPAN) and the opponent, and when leaving the competition area (TATAMI). If the greeting is not performed correctly, despite being warned, the competitor may be expelled from the championship (SHIKKAKU).
- Competitors must be in good health, and it is their responsibility and that of the club they represent to undergo the relevant medical checks to confirm that they are fit to practise sport.
- The adult competitor, or in the case of minors, the parent or guardian, must sign and submit the letter of responsibility.
- Each club is responsible for ensuring that each competitor has the appropriate medical insurance.
- All participants must pass through the "Weigh-in Control" and must present their identity card or passport. Those who do not meet these requirements will not be able to participate in the championship and will not be refunded the registration fee.
- You will not be allowed to participate if you do not wear the protective gear indicated in the table below. There will be no exceptions.
- The championship will serve as a qualifying tournament for Kyokushin-kan members for the 2026 European Championships.

## SPANISH OPEN KYOKUSHIN-KAN KAMAEO DO MAJADAHONDA

### KATA AND BO JUTSU CHAMPIONSHIP RULES:

- The championship is open to all organisations under the KYOKUSHIN-KAN rules (only with KYOKUSHIN-KAN referees).
- See the international Kyokushinkan rules - KATA AND BO JUTSU competition rules available on the KAMAEO DO website.
- The following technical aspects will be judged:

#### 1. KYOKUSHIN-KAN regulations.

Precision of movements	<ul style="list-style-type: none"><li>① Postures and techniques such as Tsuki, Geri, Uchi, and Uke must be executed with precision and with the correct focal points (height of the technique, Jodan/Chudan/Gedan, and direction of gaze).</li><li>② Movement transitions must be performed properly without additional or wasted movements (e.g. we will not lift our feet off the ground).</li><li>③ Weight-shifting movements must maintain perfect balance (stable positions and movements; weight correctly distributed depending on the position and technique performed).</li></ul>
Control of technique speed	<ul style="list-style-type: none"><li>① Fast movements must be performed quickly.</li><li>② Slow movements must be performed slowly.</li><li>③ Continuous movements must be performed at the appropriate pace.</li></ul>
Alertness and precision	<ul style="list-style-type: none"><li>① Force used (KIME) at the right moment.</li><li>② Relaxed body, no tension (fluid movements) and force applied according to point ①.</li><li>③ Expression of the effectiveness of the techniques.</li><li>④ Concentration - Zanchin (state of total alertness).</li><li>⑤ IBUKI movement - cannot be done with a jump. The feet must be in contact with the ground, starting from a correct Musubi Dachi. The IBUKI must be continuous, without stopping (not twice but continuous with a slight increase at the end).</li></ul>
Breathing	<ul style="list-style-type: none"><li>① Ibuki or Kiai must be performed at the right moments.</li><li>② Breathing should be consistent and correspond to your movements and actions (unnecessary and exaggerated sounds are will be taken into account in the evaluation).</li></ul>

- Competitors shall wear a white karate-dogi with the Kanji of Kyokushin-kan or the corresponding organisation.
- The system will be based on points.
- In the first round, only the indicated KATA (Preliminary Kata) may be performed. Even if there are 20 or more participants, only FIVE will advance to the final.
- For the final, a KATA must be chosen from the list (Final Kata).
- The top three finishers will receive a trophy.
- Kata categories will be differentiated by age and gender, provided there are enough competitors. If this is not the case, categories will be grouped together.
- The Kata Bo and beginner categories will only have one mixed category (male and female).
- There will be no Tameshiwari.

**SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA**

KATA			
Category	Age	Preliminary Kata	Final kata
Male and Female	12-13	Pinan sono 2	Yantsu, Saifa, Gekisai-dai, Gekisai-sho
Male and Female	14-15	Gekisai-sho	Yantsu, Saifa, Gekisai-dai, Gekisai-sho
Male and Female	16-17	Gekisai-sho	Saifa, Kanku, Seienchin, Seipai, Garyu, Sushiho
Male and Female	18 years old +	Gekisai-sho	Saifa, Kanku, Seienchin, Seipai, Garyu, Sushiho
SENIOR Male and Female	40 years old +	Gekisai-dai	Saifa, Kanku, Seienchin, Seipai, Garyu, Sushiho
MIXED BO JUTSU	18 years old +	Oshiro no Kon	Oshiro no Kon
BEGINNER KATA			
MIXED	8-9	Taikyoko sono 1	Taikyoko sono 2, Pinan sono 1, Pinan sono 2
MIXED	10-11	Taikyoko sono 1	Taikyoko sono 2, Pinan sono 1, Pinan sono 2
MIXED	12-13	Taikyoko sono 1	Taikyoko sono 2, Pinan sono 1, Pinan sono 2
MIXED	14-15	Taikyoko sono 1	Taikyoko sono 2, Pinan sono 1, Pinan sono 2
MIXED	16-17	Taikyoko sono 1	Taikyoko sono 2, Pinan sono 1, Pinan sono 2
SENIOR MIXED	18 years old +	Pinan sono 1	Pinan sono 2, Pinan sono 3, Gekisai-sho

## **SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA**

### **RULES AND REGULATIONS OF THE NON-COMPETITIVE KUMITE CHAMPIONSHIP FOR 5 TO 9 YEAR OLDS:**

- All participants will compete in two bouts without a decision. They will be divided into groups of three according to age and approximate weight.
- Each club is free to bring as many assistants as necessary to supervise their competitors.
- There will be a warm-up area and competitors will compete in order of age, from youngest to oldest.
- Clubs are asked to cooperate fully with the organisation's staff. The role of "Coach" will not exist.
- All competitors will receive a Championship medal upon completion of their performance.
- Competitors will wear white karate-dogi with the Kanji of Kyokushin-kan or the corresponding organisation.
- Competitors will be returned to the warm-up area, where club staff can hand them over to their families.
- Competitors must have control over all their techniques, and the referee will ensure that the bout proceeds correctly, ensuring that there is no full contact and that the techniques are fluid.

### **OPERATION AND RULES OF THE KUMITE CHAMPIONSHIP FOR AGES 10 AND UP.**

- The competition system will consist of knockout rounds differentiated by gender, age and weight.
- 10 to 13 years old: The top 3 finishers will receive a trophy.
- 14 years and older: The top three finishers will receive a trophy.
- It is the responsibility of each coach to know when their competitor is due to compete.
- If the competitor is not on their TATAMI ready with all their protective gear at the time of their participation, they will be given one minute to get ready. If they fail to do so, they will be eliminated from the competition.
- Competitors shall wear a white karate-dogi with the Kanji of Kyokushin-kan or the corresponding organisation.
- Only competitors who are about to participate and their respective coaches will be allowed in the competition area.
- There shall be only one coach per competitor, and their behaviour must be exemplary. Failure to comply will result in expulsion from the competition area.

## SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA

### PERMITTED TECHNIQUES:

#### **Categories 10–11 years to 12–13 years:**

- Gedan leg techniques with control (light contact).
- Chudan leg techniques with full contact.
- Arm techniques with full contact.
- Jodan leg techniques: Maximum control, scoring well-executed techniques and pulling the leg back (Waz-ari).

#### **Categories 14-15 years to 16-17 years, Master and Senior Beginners 18+**

- Gedan and Chudan leg techniques with full contact.
- Full contact arm techniques.
- Jodan leg techniques: Maximum control, scoring well-executed techniques and pulling the leg back (Waz-ari).

#### **Senior Absolute 18+:**

- Full contact techniques at all heights.

### PROHIBITED TECHNIQUES:

#### **Categories 10-17 years old, Master and Senior Beginners 18+:**

- Direct "Jodan" leg techniques to the face (Ushiro Mawashi Geri, Oroshi kakato Geri, Mae geri, Iza geri, etc.)
- All types of somersault techniques (KAITEN GERI), foot/heel strikes after performing a forward somersault resulting in the competitor falling to the ground are prohibited.
- Direct or circular techniques to any joint.
- Blows to the genitals (KINTEKI).
- Blows to the face with the hand or elbow (GAMEN OUDA).
- Blows to the spine.
- Pushing (OSHI) or grabbing (TSUKAMI).

#### **Senior Absolute 18+:**

- All types of somersault techniques (KAITEN GERI), kicking/heel strikes after performing a forward somersault that results in the competitor falling to the ground are prohibited.
- Direct or circular techniques to any joint.
- Blows to the genitals (KINTEKI).
- Hand or elbow strikes to the face (GAMEN OUDA).
- Blows to the spine.
- Pushing (OSHI) or grabbing (TSUKAMI).

## SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA

### KUMITE TIMES:

#### **Non-competitive category:**

- 1 minute running time.

#### **Categories 10-11 and 12-13 years old:**

- 1 minute and a half running time. In case of Ikiwake, 1 minute Encho-sen.

#### **Category 14-17 years old, Senior Beginners and Master:**

- 2 minutes running time, in case of Ikiwake, 2-minute Encho-sen, if the tie persists (ikiwake) they will go to weight and if there is no weight difference (3 kg), they will perform 1-minute Saiencho-sen.

#### **Absolute Senior Category:**

- 2 minutes running time for elimination rounds (YOSEN), in case of Ikiwake, 2-minute Encho-sen, if the tie persists (ikiwake) they will go to weight and if there is no weight difference (3 kg.), they will perform 2-minute Saiencho-sen.
- 3 minutes running time for semi-finals and finals (IKKAISEN), in case of Ikiwake, 2-minute Encho-sen, if the tie persists (ikiwake) they will go to weight and if there is no weight difference (3 kg), they will perform a 2-minute Saiencho-sen.

### KUMITE CATEGORIES:

MALE	WOMEN
<b>10 and 11 years old:</b> -35, -45, +45	<b>10 and 11 years old:</b> -40, +40
<b>12 and 13 years old:</b> -40, -50, +50	<b>12 and 13 years old:</b> -45, +45
<b>14 and 15 years old:</b> -55, -65, +65	<b>14 and 15 years old:</b> -50, +50
<b>16 and 17 years old:</b> -60, -70, +70	<b>16 and 17 years old:</b> -55, +55
<b>Senior Beginners:</b> -70, -80, -90, +90	<b>Senior Beginners:</b> -55, -65, +65
<b>Senior Absolute:</b> -70, -80, -90, +90	<b>Senior Absolute:</b> -55, -65, +65
<b>Senior Master 35 to 44 years old:</b> -70, -80, -90, +90	<b>Senior Master 35 to 44 years old:</b> -55, -65, +65
<b>Senior Master 45+:</b> -70, -80, -90, +90	<b>Senior Master 45+:</b> -55, -65, +65

**IMPORTANT:** The Senior Beginners category is for 5kyu and below. 4kyu - 1kyu belts may register but have not competed in absolute, national, European or world categories. The Beginners category is for those new to Kumite (competitors with less experience in competitive Kumite).

**SPANISH OPEN KYOKUSHIN-KAN KAMAEO DO MAJADAHONDA**

**PROTECTIVE EQUIPMENT:**

	<u>HELMET</u>	Mouthguard	<u>GLOVES</u>	<u>SHIN GUARDS</u>	<u>CHEST PROTECTOR</u>	<u>JUNGLERS (MALE)</u>	<u>CHEST PROTECTOR (WOMEN'S)</u>
4 to 9 years	CLOSED	X	mandatory	mandatory	X	X	X
10 to 13 years	CLOSED	X	mandatory	mandatory	mandatory	mandatory	optional
14 to 15 years	CLOSED (Optional Semi-open - chin)	Semi-open mouth helmet compulsory	Mandatory	Mandatory	Mandatory	Mandatory	Optional
16 to 17 years	CLOSED (Optional Semi-open - chin)	Semi-open mouth helmet compulsory	Mandatory	Mandatory	X	Mandatory	Mandatory
Senior Beginners and Master	OPEN / SEMI-OPEN (closed optional)	Open helmet / Semi-open mouthpiece mandatory	mandatory	mandatory	X	Mandatory	Mandatory
Senior Absolute	X	Recommended	x	X	X	Required	Mandatory

<u>OPEN HELMET</u>	<u>CLOSED HELMET</u>	Mouthguard	<u>GLOVES</u>	<u>SHIN GUARDS</u>	<u>CHEST PROTECTOR</u>	<u>JUNGLERS (MALE)</u>	<u>CHEST PROTECTOR (WOMEN'S)</u>
							
Semi-open helmet - chin							
							

**SPANISH OPEN KYOKUSHIN-KAN KAMAE DO MAJADAHONDA**

**\*It is the responsibility of each competitor to wear their protective gear at the start of their match.**

For any questions or concerns, please  
email **Senpai Javier** at:  
[kamaedo.competicion@gmail.com](mailto:kamaedo.competicion@gmail.com)

All information will also be available on the website:  
[www.kamaedo.es](http://www.kamaedo.es)

**CHAMPIONSHIP ORGANISATION**

President of Kamae Do / Branch Chief / Technical Director / Kankukan: Kristian Gómez Gunnebring

Vice President of Kamae Do / Kankukan: Andrés Blanco

Kamae Do Competition Manager / Kankukan: Javier Velazquez

**KYOKUSHIN-KAN SPAIN**

Country Representative: Kyokushin-kan Spain: Ricardo Gómez Refereeing

Director: Jose Jarauta Moreno